



MENU OF SERVICES

Hours of Operation:

Monday: Pre-Booking only 12 pm – 4 pm

Tuesday through Saturday: 9 am – 6 pm

Call: 276-619-5279

Pricing is determined by the day of the week:

Unwind Days: Tuesday through Thursday

Escape Days: Friday through Saturday

Pricing includes use of our following facilities:

Locker/locker room areas, steam rooms, an indoor salt-water pool, wrap around tanning deck, outdoor waterfall jacuzzi, tennis/pickleball courts, and Martha’s Mini-Links putt putt course!

Gratuuity is not included in pricing below but will be added at your discretion at time of checkout. We recommend a minimum of 20% to ensure our technicians are fairly compensated for their services. We appreciate your cooperation!

Grand Couples Retreat

A private retreat for enjoying spa time together. The Suite features two hydrotherapy tubs, massage area, private shower, Champagne, Cheese/Dessert Board and relaxation space. Begin your couples experience with a relaxing Swedish massage in our beautiful room for two followed by a warm, hour long, aromatic hydrotherapy soak. Relax, rejuvenate and reconnect.

2 Hours (60 Min. Massage):

Unwind Days: \$445

Escape Days: \$475

2 and ½ Hours (80 Min. Massage):

Unwind Days: \$545

Escape Days: \$575

Swept-Away Spa Encounter Package

Treat your “someone special” to a day at the Spa! The full package includes the following, and can be upgraded to a premium service.

5 Hours: Unwind Days: \$470

Escape Days: \$560

- Loosen Up Massage 60 min.
- Bright Eyes (eye rejuvenation) 30 min.
- Cameo Skin Treatment 30 min.
- Scalp Massage 10 min.
- On-The-Go Manicure 45 min.
- Hand Nourishing Treatment 15 min.
- On-The-Go Pedicure 45 min.
- Foot Nourishing Treatment 15 min.
- Travel Size Hand & Foot Relief

Ultimate Spa Package

Treat your “someone special” to a day at the Spa! The full package includes the following:

2.5 Hours: Unwind Days: \$255

Escape Days: \$315

- Cameo Facial 30 min.
- Spa Manicure 1 hr.
- Spa Pedicure 1 hr.

Facial-to-go Package

Keep your skin fresh and energized at home after your treatment with our Botanical Kinetics Collection:

Purifying Gel Cleanser
 Skin Toning Agent \$122 + Tax
 Hydrating Lotion
 Energizing Eye Crème

Massage-to-go Package:

Keep your skin and body feeling refreshed at home after your treatment with our take home Aveda Collection:

Hand Relief
 Foot Relief \$87 + Tax
 Composition Oil

FOOD/BEVERAGE OPTIONS

Cheese/Fruit/Nut Board \$15
Chicken Salad Croissant \$10
Garden Salad \$10

Soft Drink/Water \$1
Glass of wine/champagne \$9
Pitcher of Mimosas \$30

MASSAGE/BODY SERVICES

The Odyssey Journey: This nurturing treatment takes you beyond relaxation with a vigorous, full-body, dry-exfoliation followed by an application of your specific aroma blend oil. As the body brush exfoliation will detox, improve immune system, reduce stress and cellulite, our special blend of oils will renew the body, revealing smoother, softer skin. While wrapped and cozy in a warm blanket, relax further with a scalp brushing as you calm.

60 Min.: Unwind Days: \$145
Escape Days: \$165

Loosen Up: Our signature, indulgent and relaxing full-body Swedish treatment stimulates circulation and soothes tight and tired muscles. Tension dissolves, leaving only comfort and well-being behind.

30 Min.: Unwind Days: \$84
Escape Days: \$104
60 Min.: Unwind Days: \$130
Escape Days: \$150
80 Min.: Unwind Days: \$150
Escape Days: \$170

Hot Stone Massage: Enjoy the soothing weight and radiant heat of our hot stones to penetrate the muscle tissue, inducing deep relaxation.

60 Min.: Unwind Days: \$140
Escape Days: \$160
80 Min.: Unwind Days: \$180
Escape Days: \$200

Deep Tissue Massage: Alleviate stress, reduce muscle spasms and target chronic pain with this deep-pressure massage.

30 Min.: Unwind Days: \$106
Escape Days: \$126
60 Min.: Unwind Days: \$156
Escape Days: \$176
80 Min.: Unwind Days: \$215
Escape Days: \$235

Deep Tissue Massage with Hot Stones: We added hot stones to our deepest pressure massage to provide maximum relief and relaxation.

60 Min.: Unwind Days: \$176
Escape Days: \$196
90 Min.: Unwind Days: \$235
Escape Days: \$255

Reflexology: Experience a massage for the feet with full-body benefits including acupressure points to calm & rejuvenate. Improves circulation and promotes relaxation.

30 Min.: Unwind Days: \$85
Escape Days: \$105

Mommy-to-be Massage: Designed to soothe and comfort the pre- and post-natal mom. Those in their first trimester or experiencing a high-risk pregnancy should consult with their doctor before scheduling this service.

60 Min.: Unwind Days: \$130
Escape Days: \$150

Couples Together or Just Friends: Enjoy our indulgent and relaxing full-body Swedish treatment with someone special.

60 Min.: Unwind Days: \$260
Escape Days: \$300
80 Min.: Unwind Days: \$300
Escape Days: \$340

Stress-Fix™: Proven to reduce feelings of stress; the Stress-Fix aroma with lavender, lavandin and clary sage is incorporated throughout this full body treatment to leave you feeling completely relaxed and stress free.

80 Min.: Unwind Days: \$155
Escape Days: \$175

Massage Add-Ons:

Body Scrub \$50
Hot Stones \$24
Upgrade to deep pressure \$30
Hand or Foot Nourishing: 15 Min: \$18
Hand or Foot Massage: 10 Min: \$18
Scalp Massage: 10 Min.: \$18

FOOD/BEVERAGE OPTIONS

Cheese/Fruit/Nut Board \$15
Chicken Salad Croissant \$10
Garden Salad \$10

Soft Drink/Water \$1
Glass of wine/champagne \$9
Pitcher of Mimosas \$30

NAIL SERVICES

On-the-Go Manicure: A relaxing manicure that includes exfoliation, light massage, nail grooming and polish application.

40 Min.: Unwind Days: \$70
Escape Days: \$90

Spa Manicure: This ultimate service includes exfoliating scrub, moisturizing masque and a gentle tension-relieving hand massage. Followed by nail and cuticle grooming and nail polish application. Includes complimentary glass of champagne.

60 Min.: Unwind Days: \$85
Escape Days: \$105

On-the-Go Pedicure: A shortened version of the spa pedicure. This treatment includes a relaxing soak, foot massage, grooming and polish application.

40 Min.: Unwind Days: \$70
Escape Days: \$90

Spa Pedicure: This ultimate signature service includes a soak, sugar scrub, hydrating mask, callus treatment, massage and polish application. Perfect for rejuvenating tired and aching feet. Includes complimentary glass of champagne.

60 Min.: Unwind Days: \$85
Escape Days: \$105

Regular Polish Change: \$24

Nail Add-Ons:

Gel Polish: (added to any nail service) \$12
Hand or Foot Nourishing Treatment: 15 Min. \$18
Hand or Foot Massage: 10 Min. \$18

Gel/Acrylic/Traditional Removal: We will be happy to remove previously applied product. We are committed to natural nails so no drills will be utilized. Nails must be soaked to remove all traces prior to receiving a manicure. We will not remove gel polish applied to toes. Additional time is required.

30 Min. \$40

Shellac Soak-Off Removal: 15 Min. \$12

Cancellation Policy

Your appointment time is held exclusively for you and your service provider. For this reason, we respectfully request a 24-hour cancellation policy. Guests who cancel with less than 24-hours' notice, or do not show for their scheduled appointment, will be charged 50% of the total treatment price. A credit card number is required at the time of booking to hold your reservation.

WAXING SERVICES

Brow Wax	\$28	Lower Leg	\$60
Lip	\$18	Full Leg	\$80
Chin	\$18	Back	\$80
Face Sides	\$24	Forearm	\$42
Full Face	\$78	Full Arm	\$65
Bikini	\$55	Underarm	\$40
Brazilian	\$90		

SPECIALTY SERVICES

Brow Tint	\$37
Lash Tint	\$42
Lash Lift	\$47
Lash Lift & Tint	\$89

SALON SERVICES

***Prices vary based on length/thickness of client's hair and usage of products during service.**

Women's Haircut	\$50
Men's Dry Cut	\$30
Men's Shampoo & Cut	\$37
Shampoo, Blow Dry, Style	\$55
Kid's Cut (up to 5 years)	\$25
Kid's Cut (6-12 years)	\$30
Bang Trim	\$15
Deep Conditioning Treatment	\$60
Perm	\$100 & up
Base Color	\$100 & up
Foil Highlights (single color)	\$150 & up
Balayage (single color)	\$185 & up
Each additional color	\$30
Men's Base Color	\$80 & up
Event/Bridal Styling Hair	\$150 & up
Event/Bridal Makeup	\$150
Event Hair & Makeup	\$300
Event Trial Day + Hair & Makeup	\$400

Bridal Packages

Bride + up to 5 Hair	\$1,000
Bride + up to 5 Hair & Makeup	\$2,000
Bride + up to 10 Hair & Makeup + Trial Run	\$4,500

FOOD/BEVERAGE OPTIONS

Cheese/Fruit/Nut Board	\$15
Chicken Salad Croissant	\$10
Garden Salad	\$10

Soft Drink/Water	\$1
Glass of wine/champagne	\$9
Pitcher of Mimosas	\$30