



**Menu of Services as of November 2020**

**Pricing is determined by the day of the week.**

**Unwind Days are Tuesday thru Thursday.**

**Escape Days are Friday thru Saturday**

**A 20% gratuity is added below for your convenience**

**Grand Couples Retreat**

A private retreat for enjoying spa treatments together. The Suite features two hydrotherapy tubs, massage area, private shower, Champagne, Cheese/Dessert Board and relaxation space. Begin your couples experience with a relaxing Swedish massage in our beautiful room for two followed by a warm, hour long, aromatic hydrotherapy soak. Relax, rejuvenate and reconnect.

2 Hours (50 Min. Massage):

Unwind Days: \$486  
Escape Days: \$522

2 and ½ Hours (80 Min. Massage):

Unwind Days: \$606  
Escape Days: \$642

**Swept-Away Spa Encounter**

Treat your “someone special” to a day at the Spa! The full package includes the following, and can be upgraded to a premium service.

3 Hours: Unwind Days: \$358

Escape Days: \$430

- Loosen Up Massage 50 min.
- Bright Eyes (eye rejuvenation) 30 min.
- Scalp Massage 10 min.
- Express Manicure 25 min.
- Hand Nourishing Treatment 15 min.
- Express Pedicure 25 min.
- Foot Nourishing Treatment 15 min.
- Travel Size Product of choice (Retail)
- Glass of Champagne
- Use of Facilities, Pool, Fitness Area, etc.

**NEW Ultimate Outdoor Gazebo Experience**

A custom open-air experience to be enjoyed in our secluded Gazebo area near the pool. Enjoy the flowy curtains & sound of nature - you may even hear a train go by! Choose from our signature services. Enjoy as a single, couples or just friends. Add-ons of Hand or Foot Nourishing Treatment and Scalp Massage are available.

- Loosen Up Massage for One  
50 Min.: Unwind Days: \$162  
Escape Days: \$180
- Deep Tissue Massage for One  
60 Min.: Unwind Days: \$198  
Escape Days: \$216
- Blissful Mommy Massage for One  
50 Min.: Unwind Days: \$162  
Escape Days: \$180

**Massage / Body Services**

**NEW The Odyssey Journey:** This nurturing treatment takes you beyond relaxation with a vigorous, full-body, dry-exfoliation followed by arhythmic massage with your specific massage blend. As the body brush exfoliation will improve immune system, reduce stress and cellulite, our special blend of oils will renew the body, revealing smoother, softer skin. While wrapped in a warm blanket, relax further with a foot cleanser and scalp brushing, keeping you warm and cozy as you calm.  
60 Min (Single-No Bath Soak):

Unwind Days: \$162  
Escape Days: \$180

**Loosen Up Massage:** Indulgent and relaxing, our signature full-body Swedish massage stimulates circulation and soothes tight and tired muscles. Tension dissolves, leaving only comfort and well-being behind.

30 Min.: Unwind Days: \$90  
Escape Days: \$108  
50 Min.: Unwind Days: \$126  
Escape Days: \$144  
80 Min.: Unwind Days: \$168  
Escape Days: \$186

**Hot Stone Massage:** Enjoy the soothing touch of our hot-stone massage. The weight and radiant heat of the stones penetrate the muscle tissue, inducing deep relaxation.

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| 60 Min.: | Unwind Days: \$150 |
|          | Escape Days: \$168 |
| 80 Min.: | Unwind Days: \$192 |
|          | Escape Days: \$210 |

**Deep Tissue Massage:** Get to the bottom of things with this deep-pressure massage used to reduce muscle spasms and chronic pain.

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| 60 Min.: | Unwind Days: \$162 |
|          | Escape Days: \$180 |
| 90 Min.: | Unwind Days: \$216 |
|          | Escape Days: \$234 |

**Deep Tissue Massage with Hot Stones:** We added hot stones to our deepest pressure massage to provide maximum relief and relaxation.

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| 60 Min.: | Unwind Days: \$186 |
|          | Escape Days: \$204 |
| 90 Min.: | Unwind Days: \$240 |
|          | Escape Days: \$258 |

**Reflexology:** Experience a massage for the feet with full-body benefits. Improves circulation and promotes relaxation.

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| 30 Min.: | Unwind Days: \$90  |
|          | Escape Days: \$108 |
| 50 Min.: | Unwind Days: \$126 |
|          | Escape Days: \$144 |

**Blissful Mommy Massage:** Designed to soothe and comfort the pre- and post-natal mom. Those in their first trimester or experiencing a high-risk pregnancy should consult with their doctor before scheduling this service.

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| 50 Min.: | Unwind Days: \$126 |
|          | Escape Days: \$144 |

**Together or Just Friends:** Enjoy our indulgent and relaxing full-body Swedish massage with someone special.

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| 50 Min.: | Unwind Days: \$252 |
|          | Escape Days: \$288 |
| 80 Min.: | Unwind Days: \$336 |
|          | Escape Days: \$372 |

**Stress-Fix Massage:** Clinically proven to reduce feelings of stress, the Stress-Fix aroma with lavender, lavandin and clary sage is incorporated throughout this body massage combining Swedish and deep tissue massage along with foot reflexology, acupuncture points to calm and rejuvenate you.

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| 80 Min.: | Unwind Days: \$174 |
|          | Escape Days: \$192 |



### **Facial / Eye Treatments**

**Bright Eyes:** Experience a refreshed and rejuvenated look. This treatment utilizes products created just for the eye area. Restores tone and vitality. Pairs well with a facial or waxing service.

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| 30 Min.: | Unwind Days: \$72 |
|          | Escape Days: \$90 |

**Eyelash & Eyebrow Tinting:** Achieve a stunning look and trade in your brow pencils and mascara for a get-up-and-go look and let your natural beauty shine. Enjoy a complimentary hand massage while you wait.

- Eyelash Tinting 30 Min.: \$36
- Eyebrow Tinting 30 Min.: \$36

**Essential Back Treatment:** The hard-to-reach area of your back is tended to during this deep cleansing and hydrating service. Shoulders, neck and back receive an invigorating exfoliation, purifying pore extractions, massage and hydrating treatment.

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| 50 Min.: | Unwind Days: \$144 |
|          | Escape Days: \$162 |



### **Add-Ons/Upgrades:**

**Hand or Foot Nourishing Treatment:** 15 Min: \$18

**Hand or Foot Massage:** 10 min/\$18

**Scalp Massage:** 10 min./\$18

**Facial-to-go Consult:** Speak with one of our talented estheticians and receive a customized product bundle to take home. Up to 15 min., consult fee: \$15 (**FREE** with \$100 retail product purchase)

## Manicures & Pedicures

**NEW Tired Tootsies:** Pamper your tired tootsies and enjoy a relaxing salt soak, followed by an invigorating massage on feet & calves.

30 Min.: Unwind Days: \$48  
Escape Days: \$66  
Add 10 Min Hand Massage: \$18

**Spa Manicure:** This ultimate service includes exfoliating scrub, moisturizing masque and a gentle tension-relieving hand massage. Followed by nail and cuticle grooming and nail polish application. Includes complimentary glass of champagne

60 Min.: Unwind Days: \$96  
Escape Days: \$114

**On-the-Go Manicure:** A relaxing manicure that includes exfoliation, light massage, nail grooming and polish application.

40 Min.: Unwind Days: \$78  
Escape Days: \$96

**Express Manicure:** This treatment includes nail shaping, moisturizing cuticle grooming and polish application.

25 Min.: Unwind Days: \$48  
Escape Days: \$66

**Spa Pedicure:** This ultimate signature service includes a soak, sugar scrub, hydrating mask, callus treatment, massage and polish application. Perfect for rejuvenating tired and aching feet. Includes complimentary glass of champagne

60 Min.: Unwind Days: \$96  
Escape Days: \$114

**On-the-Go Pedicure:** A shortened version of the spa pedicure. This treatment includes a relaxing soak, foot massage, grooming and polish application.

40 Min.: Unwind Days: \$78  
Escape Days: \$96

**Express Pedicure:** Enjoy a relaxing soak, light exfoliation, nail grooming and polish application. Perfect for those in a hurry or as maintenance between longer pedicures.

25 Min.: Unwind Days: \$48  
Escape Days: \$66

**Regular Polish Change:** (Includes Filing) /\$24

## Add-Ons/Upgrades

**Gel Polish:** (added to any nail service) \$12

### **Hand or Foot Nourishing Treatment:**

15 Min.: \$18

### **Hand or Foot Massage:** 10 min/\$18

**Gel/Acrylic/Traditional Removal:** We will be happy to remove previously applied product. We are committed to natural nails so no drills will be utilized. Nail must be soaked to remove all traces prior to receiving a manicure. We will not remove gel polish applied to toes. Additional time is required.

30 Min.: \$48

**Shellac Soak Off Removal:** 15 Min.: \$12

## Gentle Hair Removal

Brow Wax \$30  
Lip/Chin \$18  
Face Sides \$24  
Full Arm \$72  
Lower Leg \$66  
Full Leg \$90  
Underarm \$42  
Back \$90  
Forearm \$48  
Bikini \$54

## The Salon at the Martha

Women's Haircut \$42  
Men's Dry Cut \$21.60  
Men's Shampoo Cut \$27.60  
Shampoo and Blow Dry \$30  
Kid's Cut (up to 5 years) \$21.60  
Kid's Cut (6-12 years) \$27.60  
Bang Trim \$12  
Specialty Hair Treatments \$18 & up  
Heat Styling Add-On \$12 & up  
Perm \$78 & up  
Specialty Perm \$114 & up  
Base Color \$78 & up  
Foil Highlights (single color) \$114 & up  
Each additional color \$18  
Men's Base Color \$54 & up

\*Color prices will vary per individual need and prices listed are a starting point.

Event/Bridal Styling (does not include shampoo & blow dry): \$102 & up

Event/Bridal Consultation \$78 & up

 **NEW Princess Mini's:**

For your Princess to enjoy on a special day!

Ages 6-12 years

**(Does not include use of property amenities)**

Choose Either: Mini Manicure (includes nail sticker), Mini Pedicure (includes nail sticker), Mini "Style" (dry hair only)

Unwind Days:           \$36 each service

Escape Days:           \$54 each service

**Add-On:** Color Clip-In Hair Extension:   \$5

**Cancellation Policy**

Your spa time is held exclusively for you and your service provider. For this reason, we respectfully request a 24-hour cancellation policy. Guests who cancel with less than 24-hours' notice will be charged 50% of the total treatment price. A credit card number is required at the time of booking.